

## VCCL Results - Harry Amos

Member number: 533

Races: 4; Wins: 0 (0.0%); Top Ten: 1 (25.0%)

Active from 2022 to 2022

Date	Event	Place	km	Time	Spot	H'cap	C/Adj	N/Time	Margin	km Rate
07/05/2022	AV Cross Country Relays	6	6.2	22:46	15	2:50		19:56	0:50	3:40
25/06/2022	AV Ekiden Relay	8	5	20:11	15	2:15		17:56	1:44	4:02
09/07/2022	AV Road Relays	15	6.2	23:44	16	3:05		20:39	2:15	3:50
17/09/2022	AV Relays	15	3.827	15:02	17	2:05		12:57	1:54	3:56